

ساعت: ۷:۰۰ الی ۸:۰۰



چهارشنبه: ۳۱ اردیبهشت ماه ۱۴۰۴

7th  
ORTHOBIT 2025

21-23 May

## Trauma (Junior Panel)

### Avoiding common mistakes in fracture management

Panelists: Dr. Ghasemi (Tabrizi)

Dr. Mehrvar, Dr. Elahifar, Dr. Molanai, chief residents

**Case 1:** Avoiding mal-reduction & nonunion in femoral neck fractures  
Dr. Salkhoori

**Case 2:** Avoiding varus collapse in tibial plateau comminuted fracture  
Dr. Oskooyi

**Case 3:** Avoiding infection in open tibial shaft fractures  
Dr. Barazandeh

**Case 4:** Avoiding varus mal - reduction in subtrochanteric fractures  
Dr. PISOODEH



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## Knee 1

### Common mistakes in ACL reconstruction (1)

**Panelists:** Dr. Razi , Dr. Zehtab , Dr. Azimi , Dr. Hadi , Dr. Omidian

|                                                         |               |
|---------------------------------------------------------|---------------|
| <b>Case 1:</b> Tibial Tunnel Malposition                | Dr. Mortazavi |
| <b>Case 2:</b> Femoral Tunnel Malposition               | Dr. Navali    |
| <b>Case 3:</b> Not performing Extra-articular tenodesis | Dr. Ayati     |
| <b>Case 4:</b> Not performing Ramp repair               | Dr. Keyhani   |

### Common mistakes in ACL reconstruction (2)

**Panelists:** Dr. Jabal Ameli , Dr. Minaee , Dr. Torkaman , Dr. Moradi , Dr. Farahanchi

|                                                                                         |
|-----------------------------------------------------------------------------------------|
| <b>Case 1:</b> Misdiagnosis of associated ligament injury with ACL Injury<br>Dr. Vaziri |
| <b>Case 2:</b> Mal-alignment associated With ACL Injury<br>Dr. Sajadi                   |
| <b>Case 3:</b> Infection misdiagnosis<br>Dr. Amoo zadeh                                 |
| <b>Case 4:</b> Choice of graft<br>Dr. Vosoughi                                          |



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## Trauma

### Avoiding common mistakes in common lower extremity fractures

**Panelists: Dr. Amoozadeh, Dr. Razzaghof, Dr. Noori, Dr. Vosoughi, Dr. Pourmojarab**

**Case 1:** Avoiding deformities in nailing of distal tibial shaft fractures

**Dr. Mehdi pour**

**Case 2:** Avoiding soft tissue complications and deformities in distal tibial plating

**Dr. Shayan Amiri**

**Case 3:** Avoiding deformities In distal femoral comminuted fractures

**Dr. Mosayeb Soleimani**

**Case 4:** Avoiding mal reduction and screw penetration in acetabular posterior wall fracture

**Dr. Hesam Rezaei**

**Case 5:** Avoiding syndesmosis mal reduction in ankle fractures

**Dr. Hemmat yar**

**Case 6:** Avoiding common mistakes in intertrochanteric nailing

**Dr. Barootkoob**



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## Shoulder 1

**The fragility of fixation :**

**Insights into proximal Humeral Fracture management**

**Panelists:** Dr. Khorsandi , Dr. Guiti , Dr. Sobhani , Dr. Aslani , Dr. Roohani

**Case 1:** Biomechanical Factors in Proximal humeral Fracture Fixation failure ,Explore structural Factors leading to fixation failure including implant forces and the role of bone quality.  
Review common intraoperative errors & solutions for avoiding them.  
**Dr. Barati**

**Case 2:** Rotator cuff integrity "A key factor in post operative success"  
How rotator cuff status influences surgical outcome.  
**Dr. Bagheri**

**Case 3:** Biomechanical factors in proximal humeral Fracture Fixation failure. Strategies for treating poor healing and salvage procedures  
**Dr. Sobhani**

**Case 4:** Mal-union reoperation (when & How to revise mal-union) What is indications & surgical approaches for revision  
**Dr. Rahimi**

**Case 5:** Innovative solutions for managing complex humeral fractures  
Augmentation techniques & Graft applications (using bone graft cement or biologics to enhance fixation)  
**Dr. Tabrizian**



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## Hip 1

### Common mistakes in routine Primary THA (1)

Panelist: Dr. Kalhor , Dr. Siasi , Dr. Qoreyshi , Dr. Mortazavi , Dr. Manafi

|                                                  |                |
|--------------------------------------------------|----------------|
| (Case 1): Early dislocation (Patient compliance) | Dr. Zandi      |
| (Case 2): Early dislocation (technical issue)    | Dr. Sadeghpour |
| (Case 3): Late dislocation (Loosening)           | Dr. Vahedian   |
| (Case 4): Late dislocation (Spinopelvic)         | Dr. Siavashi   |

### Common mistakes in routine Primary THA (2)

Panelist: Dr. Kalhor , Dr. Siasi , Dr. Qoreyshi , Dr. Mortazavi , Dr. Manafi

|                                      |                     |
|--------------------------------------|---------------------|
| (Case 1): Can not get press fit cup  | Dr. PISOODEH        |
| (Case 2): Can not get Press fit stem | Dr. Ganjipoor       |
| (Case 3): Persistent wound discharge | Dr. Khaje mozaffari |
| (Case 4): Wound dehiscence           | Dr. Gharanizadeh    |



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## Hand 1

### Common mistakes in distal radius fracture

**Panelists:** Dr. Lahiji , Dr. Najd Mazhar , Dr. Shariat zadeh, Dr. Fallah

**Case 1:** Common errors in treatment by cast Dr. Pahlavan sabbagh

**Case 2:** Common errors in CRIF Dr. Dehghani

**Case 3:** Common errors in ORIF Dr. Kamrani

**Case 4:** CRPS after treatment (how to manage and prevention)  
Dr. Arab zadeh

**Case 5:** Ulnar styloid fracture (when do you treat & when do you neglect?)  
Dr. Taleshi

**Case 6:** Missing carpal ligament and/or TFCC injury (how to manage?)  
Dr. Okhovvat pour



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## junior pediatrics

**Best practice in broken elbow:  
Steering clear of common missteps**

**Panelists: Dr. Tahririan , Dr. Rahimi , Dr. Nami , Dr. Habibi , Dr. Mehr afshan ,Dr. ilka**

**Case 1:** Misdiagnosis : Elbow dislocation

**Dr. Bagher Pour**

**Case 2:** Misconception: Humerus supracondylar fracture

**Dr. Pirasteh**

**Case 3:** Mal practice : Elbow lateral condyle fracture

**Dr. Abdi**

**Case 4:** Complication in pediatric elbow fracture (AVN)

**Dr. Tabatabaei**



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## Spine

### Comprehensive treatment and management strategies for scheuermann's kyphosis

**Panelists:** Dr. Behtash , Dr. Ameri , Dr Ghandehari , Dr. Golbakhsh , Dr. Mirzashahi

**Case 1:** surgical approach to scheuermann's kyphosis (case study)

Dr. KeiPour

**Case 2:** Post-surgical complications management in scheuermann's  
kyphosis (case study)

Dr. shakeri

### Kyphoplasty insights : Best Practice, complications & effective management

**Panelists:** Dr. Sadat , Dr. Habibollah zade , Dr. Mehrpour , Dr. Zarei , Dr. Nikouei

**Case 1:** Mastering kyphoplasty: A Step- by- step guide in the  
procedure (case study)

Dr. Rahimian

**Case 2:** Challenges in kyphoplasty: Navigating post - Operative  
complications (Case study)

Dr. chehrasan



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## Hand 2

### Common errors in distal humerus fracture

**Panelists:** Dr. Kamrani , Dr. Dehghani , Dr. Okhovvat pour, Dr. Fallah

**Case 1:** Coronal fracture of distal humerus (prevention & treatment)  
**Dr. Shariat zadeh**

**Case 2:** Comminuted fracture of low distal humerus  
(prevention & treatment) **Dr. Najd Mazhar**

**Case 3:** Elbow stiffness after elbow fracture (prevention & treatment)  
**Dr. Lahiji**

**Case 4:** Ulnar neuropathy after distal humerus fixation  
(prevention & treatment) **Dr. Bisadi**





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## Shoulder 2

### Rescuing the rotator cuff (preventing & Managing of failure)

**Panelists:** Dr. Guiti , Dr. Nakhaei , Dr. Tavakoli , Dr. Nasir Naderi , Dr. Bagheri , Dr. Rouhani

**Case 1:** Prediction & Prevention of repair Failure: (Pre-op decision Making) Leveraging patient – specific factors , X-ray, MRI , US For predicting & preventing repair Failure.  
**Dr. Amiri**

**Case 2:** Optimizing surgical technique to prevent rotator cuff repair failure (Surgical methods, intra operative strategies and technology that impact out-comes)  
Suture techniques & anchor Choices: “Are we getting it right?”  
**Dr. NasirNaderi**

**Case 3:** Biologic Augmentation With scaffolds and patches. “Does it enhance repair strength?”  
**Dr. Zanjani**

**Case 4:** Massive & irreparable cuff injury: “High-risk cases for failure”  
Challenging cases: advanced techniques (Superior capsular reconstruction, tendon transfers and balloon spacers for high risk patients)  
**Dr. Roohani**

**Case 5:** Reoperation strategies: “How to handle Failed repair”.  
Indications and techniques for revision.  
**Dr. Aslani**



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## 7th ORTHOBIT 2025

21-23 May

Opening Ceremony + awards

### Opening Ceremony + awards

|                                     |                  |               |
|-------------------------------------|------------------|---------------|
| introduction                        | Dr. zargar       | 12:00 - 12:05 |
| Rhetoric in scientific presentation | Dr. Solrani      | 12:05 - 12:20 |
| Best article award                  | Dr. Ghandhari    | 12:20 - 12:30 |
| Best Innovation award               | Dr. Okhovat pour | 12:30 - 12:40 |
| Best thesis award                   | Dr. Mortazavi    | 12:40 - 12:50 |
| Aalami award                        | Dr. Golbakhsh    | 12:50 - 13:00 |
| Niaki award                         | Dr. Manafi       | 13:00 - 13:10 |
| Molavi award                        | Dr. Ghandhari    | 13:10 - 13:20 |



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## Tumor 1

### Diagnostic challenges of common bony & soft tissue tumors

**Panelists:** Dr. Jamshidi , Dr. sami Haji aliloo , Dr. Saberi , Dr. Bazavar

**Case 1:** Hidden threats around the knee : when cysts are not just cyst?  
(Soft tissue tumors masquerading as benign lesions) **Dr.Khabiri**

**Case 2:** The unplanned excision dilemma: Navigating biopsy pitfalls  
**Dr. Kargar Shooroki**

**Case 3:** Cartilage conundrums: Low grade chondrosarcoma **Dr. Saberi**

**Case 4:** Fibrous Dysplasia: When need to surgery? Fixation only or needs  
grafting **Dr. Toloue ghamari**



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## Knee 2

### Common mistakes in TKA (1)

**Panelists: Prof. Hoffmann**

**Dr. Tahmasebi, Dr. Ahadi, Dr. Farahini, Dr. Badizadeh, Dr. Shafaghi**

|                                                          |                         |
|----------------------------------------------------------|-------------------------|
| <b>Case 1:</b> Tibial component mal position             | <b>Dr. javid mehr</b>   |
| <b>Case 2:</b> Femoral Component mal position            | <b>Dr. Bagheri fard</b> |
| <b>Case 3:</b> improper size of femoral component        | <b>Dr. Kazemi</b>       |
| <b>Case 4:</b> improper soft tissue release (MCL injury) | <b>Dr. Yazdi</b>        |

### Common mistakes in TKA (2)

**Panelists: Prof. Hoffmann**

**Dr. Kaseb, Dr. Seddighi, Dr. Elmi, Dr. Rahbar, Dr. Aslani**

|                                                                                  |
|----------------------------------------------------------------------------------|
| <b>Case 1:</b> Improper technique of cementation<br><b>Dr. Moghtadaee</b>        |
| <b>Case 2:</b> Misdiagnosis of fracture during surgery<br><b>Dr. Yahya zadeh</b> |
| <b>Case 3:</b> Improper pre-operative condition<br><b>Dr. Askari</b>             |
| <b>Case 4:</b> Flexion instability<br><b>Dr. Sarzaeem</b>                        |



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## Tumor Junior

**When do you Refer  
And When do you treat yourself?**

**Panelists:** Dr. Jamshidi , Dr. sami , Dr. Saberi , Dr. Mirkazemi

**Case 1:** UBC is still challenging in treatment

**Dr. agha Bozorgi**

**Case 2:** Adult lytic lesion : How to stay out of mistake

**Dr. Bazavar**

**Case 3:** Soft tissue tumor : Why we fall into problems

**Dr. Kargar shooroki**





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## Pediatric

### Common mistakes in common pediatric procedures

1st Panelists: Dr. Baghdadi , Dr. Panjavi , Dr. Tavakoli, Dr. Maleki , Dr. Shahcheraghi

**Case 1:** Common mistakes in club foot treatment (ponseti method)  
a) Mistakes in cavus correction      b) Mistakes in achilles tenotomy  
**Dr. Aslani**

**Case 2:** Common mistakes in crouch gait treatment      **Dr. Vafaei**

**Case 3:** Common mistakes in DDH treatment by Pavlic harness  
**Dr. Ebrahimi nasab**

**Case 4:** Common mistakes in femoral fracture treatment by spica cast  
**Dr. Zargar**

2nd Panelists: Dr. Seifi , Dr. Javid , Dr. Rahimnia, Dr. Zamani , Dr. Arti

**Case 1:** Common mistakes in achilles tendon lengthening      **Dr. Nabian**

**Case 2:** Common mistakes in hemi epiphysiodesis for alignment disorders  
**Dr. Ghaznavi**





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## Hip 2

### Common problem in management Of common hip fractures (1)

**Panelists:** Dr. Savadkoohi, Dr. Farahmandi, Dr. Behgoo, Dr. Yeganeh, Dr. Gharanizadeh

**Case 1:** Inter trochanteric Fracture: Technical failure      **Dr. Razzaghof**

**Case 2:** Inter trochanteric Fracture: Device Failure      **Dr. Talebi**

**Case 3:** Femoral neck fracture: Fixation failure due to inadequate reduction  
**Dr. Zarei**

**Case 4:** Femoral neck fracture : Fixation failure due to inadequate device  
**Dr. Aminian**

### Common problem in management Of common hip fractures (2)

**Panelists:** Dr. Savadkoohi, Dr. Farahmandi, Dr. Behgoo, Dr. Yeganeh, Dr. Gharanizadeh

**Case 1:** Sub trochanteric fracture : Technical failure      **Dr. Komijani**

**Case 2:** Sub trochanteric fracture : Device failure      **Dr. Rostami**

**Case 3:** Hip fracture and DVT in the same leg      **Dr. Oskooyi**

**Case 4:** Hip fracture in patients on antiplatelets/NOAC  
**Dr. Mohammad Yeganeh**



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## Foot & Ankle

### Common mistakes in hallux valgus surgery

Panelists: Dr. Mousavian, Dr. Ghadimi, Dr. Elahifar, Dr. Vesoughi, Dr. Ebrahim pour, Dr. Tavakoli

**Case 1:** Under correction In hallux valgus  
Dr. Movahedi Yeganeh

**Case 2:** Inappropriate site of Osteotomy  
Dr. Miaad

**Case 3:** Nonunion after hallux valgus surgery  
Dr. Naderi

**Case 4:** Dorsal Mal-union & Metatarsalgia  
Dr. Otoukesh

**Case 5:** Missing associated Foot conditions in Hallux valgus surgery  
Dr. Bahaoddini

**Case 6:** Hallux varus after surgery  
Dr. Sabbagh zadeh